



RAMADA Couran Cove Island Resort

V'Some

**SAVE THE DATE
SAT 13TH – SUN 14TH
DEC 2014**

**Gold Coast Outrigger Canoe Club &
Ramada Couran Cove Resort
Invite you to attend SQ Zone Race # 3, the inaugural
Ramada Couran Cove V'Some**



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Saturday 13th & Sunday 14th December, 2014

John Muntz, CEO of Couran Cove and Tony Davis, President of Gold Coast Outrigger Canoe Club cordially invite all paddlers to participate in the inaugural 2014 V'Some.

Saturday's events will see the running of the Long Course followed by Club Christmas V3 Relay Sprints – Your OC6 Crews can compete with 2 x 3 paddlers completing the short sprint course inside the Island. Some great prizes on offer!

After the days racing, relax and unwind with a BBQ Buffet Dinner and entertainment in the marquee, celebrate the festive season and Santa might even stop by for a visit!

Overnight accommodation at Couran Cove, Dinner, and breakfast the following day, all for just \$180! That's pretty good value! Or bring the family for a weekend getaway – packages for everyone, including Day Trippers if you just want to catch the ferry across. Race fees are \$20 per race for Adults and \$10 for Juniors.

Sunday, after a leisurely buffet breakfast, The Short Course paddle back starts at 1000am, returning to the Southport Yacht Club @ Hollywell.

All Junior events will be run from the Southport Yacht Club @ Hollywell on Sunday 14th December, starting at midday.

We trust that everyone will have an enjoyable weekend of racing and we look forward to growing this event for many years to come!

Happy Paddling!

John Muntz
CEO Ramada Couran Cove

Tony Davis
President Gold Coast Outriggers



Program of Events

Time	Event	Distance
Saturday	13th December, 2014	
0830	Long Course – All Divisions Men / Women / Mixed	16km Leaving from Southport Yacht Club, Hollywell to Couran Cove
1100 - 1530	Lunch will be available at The Restaurant, Spa Island, Boardwalk Cafe. Couran Cove will also run and all-day BBQ from 11am - 3.30pm in the marquee.	
1200	V3 Club Christmas Relay Sprint Race	
1800 - 2200	SQ Zone Paddles Up Christmas Party	In the Marquee – last ferry leaves the island at 0830pm for those not staying on the island.
Sunday	14th December, 2014	
1000	Short Course Race Start – All Divisions & U19s	8km Leaving from Couran Cove back to Hollywell. Ferry leaving Southport Yacht Club at 0800 for anyone doing Short Course Only. (\$20 one way)
1200	Junior Races Commence 14U, 12U, ,16U, Minnows	4, 2, 6, 1km Southport Yacht Club, Hollywell
1430	Medal Presentations	Southport Yacht Club, Hollywell

Race Entry Fees: \$120 per crew – V6 Senior Races, \$10 V3 Sprints and \$10 V6 Juniors
All entries via www.aocra.com.au

Tide Times: Saturday 0607 Low 1239 High Sunday 0709 Low 1330 High



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Accommodation Packages

Overnight accommodation - December 13th 2014

including return ferry transfers, BBQ buffet dinner and buffet breakfast:

Competitor: twin share \$180 (early bird) \$199 (after October 31st)

Competitor: single share \$249 (early bird) \$269 (after October 31st)

Extra adult (Non Paddling) \$80

Extra child 4-14 years \$35

Additional night (room only) \$99 - twin share \$159 – single share

NB: overnight guests are welcome to bring their own boat and can moor free of charge in the marina – if staying in the resort.

Day Trippers Package - December 13th 2014

including return ferry transfers and BBQ buffet dinner:

Adult \$79

Children 4-14 years \$39

NB: last ferry returns from Couran Cove at 8.30pm for this event

Extras

Mooring fee (if staying on boat) \$100 overnight \$50 day rate BBQ buffet dinner \$50 adult

Breakfast \$30 per adult \$15 child (4-14 years)

Sunday, December 14

Ferry # 1 - 0800 \$20 per person – Departs Southport Yacht Club Hollywell

Additional Information

Medals and Points

Medals will be presented for Junior and Novice divisions along with Raffles and Lucky Paddler Prize draws. These will be presented at the official medal presentation on Sunday at the Southport Yacht Club, Hollywell.

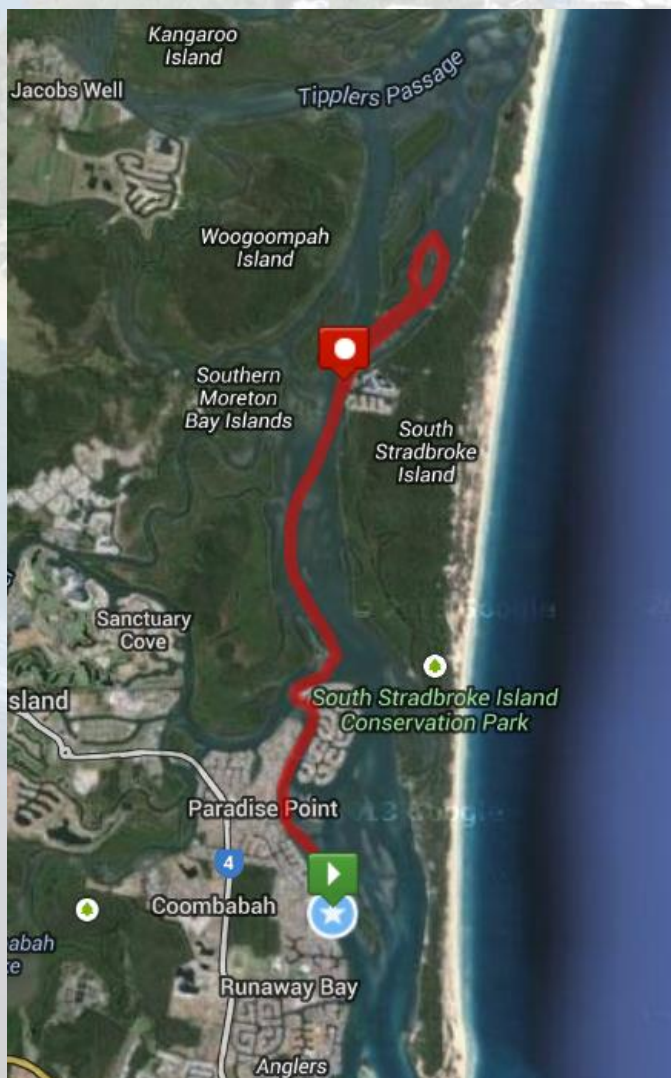
Course Maps

OC6 Long Course – Start – Southport Yacht Club Hollywell, finish at Couran Cove

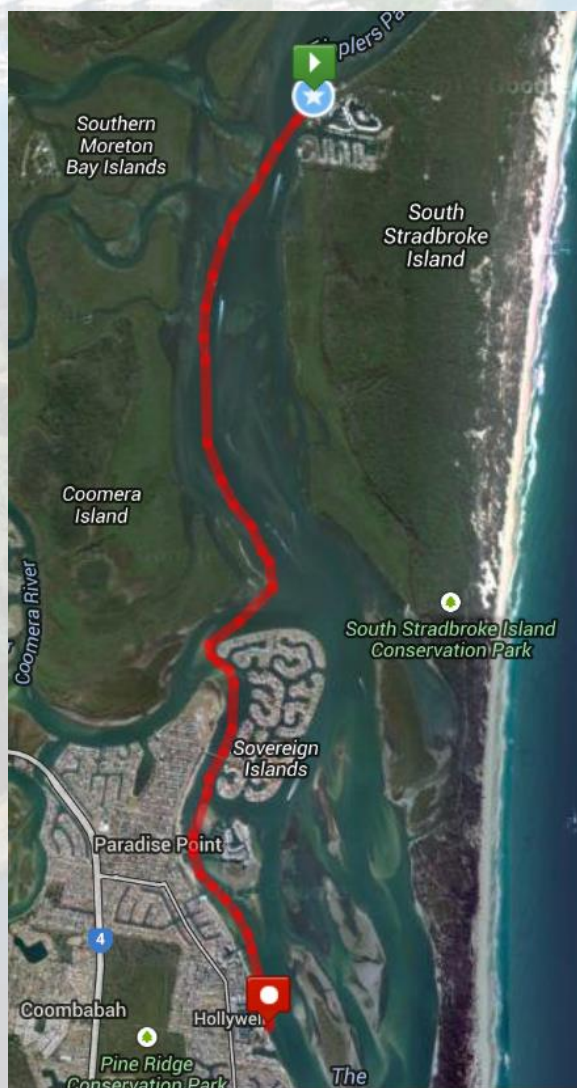
OC6 Short Course – Start at Couran Cove, finish at Southport Yacht Club, Hollywell

OC6 Juniors – Start / Finish at Southport Yacht Club, Hollywell – 1,2,4 & 6 Km Loops

Long Course Map:



Short Course Map:



Additional Information

Regatta Rules

AOCRA rules, as amended, will apply to all events in the regatta. As this regatta is being held in the Broadwater – storm covers are optional.

AOCRA standard tow ropes must be fixed to the front iako of each canoe

Minimum of two bailers and 6 life jackets in each canoe.

Canoes will be scrutinised and tagged prior to being taken down the boat ramp.

SQ Zone Christmas Party

The Saturday night is a chance to be able to celebrate the festive season with all your paddling friends, old and new! Relax and unwind after a fun day of racing and recharge ready for the short course race back on Sunday!

Additional tickets can be purchased for the Christmas Party for \$50 per adult if not staying on the island.

Ferry Transfers

Are available from Southport Yacht Club, Hollywell - for competitors these will be available for \$20 one way or \$30 return.

Race Director

Leigh Paine – familypaine@bigpond.com or phone 0429 093 662

Canoe Rigging

All canoes are to be rigged in Poinsetta Park (Marina Crescent) – this can be done on the Friday afternoon / evening or the Saturday morning prior to the race. Parking is limited along Marina Crescent, and as such all canoe trailers are to be unloaded and then parked in the Runaway Bay Marina complex for the duration of the weekend.

Canoes can only be taken through the Yacht Club, after they have been scrutinized and tagged.

Club Contact Details:

Gold Coast Outrigger Canoe Club

Website: www.goldcoastoutriggers.com

Email: goldcoastoutriggers@outlook.com.au

Resort Details for online bookings:

Phone 07 5597 9999

Email reservations@courancove.com.au

Website <http://www.courancove.com.au/couran-cove-vsone-outrigger>